## Trauma Informed Care

## Creating Trauma Sensitive Schools to Improve Learning



Trauma changes people. Just as a physical assault on the body can cause bodily impairment, psychological trauma can result in a mental injury that impacts such things as a child's ability to regulate emotions, attend to classroom activities, and/or achieve normal developmental milestones. However, this does not mean that traumatized children and adolescents cannot grow up to be healthy and happy adults, despite the often substantial obstacles they face.

Trauma Informed Care is an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma. Trauma Informed Care also emphasizes physical, psychological and emotional safety for both consumers and providers, and helps survivors rebuild a sense of control and empowerment.

Ocober 8, 2015 8:30-3:30

**CESA 5 Main Conference Room** 

Cost (per person):

\$50 for Safe & Healthy Schools Members \$100 All Others

To Register:



## PARTICIPANTS WILL LEARN:

- What physical trauma is.
- The impact trauma has on early brain development and the child's ability to learn.
- Strategies to support children with trauma.
- Steps to have your classroom and school become sensitive to trauma.

